

Rules and Guidelines for Treatment:

- ❖ Patients with myopia, cancer, and tumours are required to stay nearby during treatment as they need to visit the clinic regularly.
- ❖ Treatment time varies depending on the patient but usually lasts for 7 hours a day.
- ❖ Medication should only be taken in the presence of the doctor for safety and effectiveness.
- ❖ Patients are provided with music therapy to promote relaxation and deep meditation during treatment sessions.
- ❖ Food restrictions are minimal, and patients are encouraged to eat home-cooked meals.
- ❖ Children treated for myopia should limit phone use to 20 minutes to prevent regression.
- ❖ Heart patients should avoid heavy lifting, travel, and jumping until normal heart function is restored.
- ❖ Heart patients must provide daily updates via WhatsApp and follow prescribed medication and decoction regimens.
- ❖ Echo and ECG tests should be conducted every 50 days to monitor progress.
- ❖ Significant improvement is typically seen only after taking medication for eight courses
- ❖ Patients can stop medication once Echo and ECG reports show complete recovery, except for those with stents who need lifelong medication.
- ❖ These guidelines ensure patient safety, effective treatment, and long-term health management.